

Technical sheet | Guided cycling tour | Level 3/5  | 5 days of cycling

The Best Spots of Bardenas & Riglos on an Electric Mountain Bike!

Your tour briefly

- All-suspension electric mountain bikes! (optional)
- Logistics adapted for a comfortable stay, and quality rental equipment
- **Comfortable accommodation in double rooms in hotels, including 2 days with swimming pool (SPA, extra charge)**
- Accessible route with no major difficulties, **but some mountain biking is required**
- Easy access to Hendaye station thanks to numerous trains
- Typical Spanish restaurants & tapas tasting

Highlights

- A paradise for mountain bikers
- A wide variety of landscapes: desert, mountains and ocean
- Discover the key sites of Spanish Romanesque art
- Discover three regions with very different landscapes
- End of your stay on the beaches of the Basque coast
- Discover the mythical Bardenas Desert, the magnificent castles of Loarre and the Monastery of San Juan de la Pena.



This Tour, located in the Southern Pyrenees (Spanish Side), between Navarre and Aragon, will let you discover surprising and unforgettable landscapes. In this sun-drenched region, the trails and paths seem tailor-made for mountain biking. Electric-assist bikes will allow us to explore a maximum number of must-see spots with ease.

From the western movie-like scenery of the incredible Bardenas Desert, to the rolling trails of the Aragonese Sierras, and the lush green hills of the Basque coast-you won't want to stop riding! Along the way, we'll also discover symbolic cultural sites rich in history, such as the magnificent Loarre Castle.

These territories, renowned across Europe for mountain biking, offer spectacular and unique landscapes, with striking geological colors and formations that will amaze you. After our sunny biking adventures, we'll unwind in comfortable accommodations, hotels with spas and pools overlooking the stunning Mallos de Riglos, enjoy delicious dinners in traditional restaurants, all in a friendly, vibrant Spanish atmosphere.

To end the trip on a high note, we'll relax with a refreshing swim on the Spanish Basque Coast and savor the lively ambiance of tapas bars for a memorable experience.



•PROGRAM

Day 1 : Star of the tour in Hendaye

Meet at 5:30 PM at Hendaye train station for a transfer to the Bardenas Desert (2-hour drive). Check-in at our accommodation near the Bardenas Desert. Trip briefing and dinner in town.

Day 2 : Discovering the Bardenas desert



Starting from our accommodation, we'll explore the Bardenas Reales. We'll gradually enter these fascinating and spectacular landscapes. On easy trails, we'll ride through this unique scenery of fairy chimneys, barren hills, and ravines bathed in a unique light that highlights the beauty of arid landscapes. We'll pass the iconic Castil de Tierra and venture into the wild canyons in the southern part of the Bardena. This first day is technically easy, offering a chance to improve MTB skills with guidance from the instructor.

- **Distance: 60 km, ascent: +380m, descent: -380m, no transfers**

Day 3 : Peñaflores castle loop and Barranco Grande



Leaving from our accommodation, we'll dive back into the joys of mountain biking in the Bardenas, exploring varied terrains and landscapes. Among Aleppo pines, we'll circle the impressive Peñaflores Tower, a reminder of human presence and the strategic importance of this desert in Navarre's history. We'll climb to the cultivated plateau of El Plano before descending into the Barranco Grande, where dramatic erosion shapes stunning views at every turn. We'll ride on tracks, trails, and easy singletracks to fully enjoy the MTB experience.

- **Distance: 54 km, ascent: +600m, descent: -600m, no transfer in the morning, 1h30 transfer in the evening.**

Day 4 : Loarre castle and Mallos de Riglos



A complete change of scenery as we head to the vast Aragonese Sierras and their spectacular conglomerate cliffs. We'll tackle the climb to Loarre Castle, one of Spain's finest examples of Romanesque fortifications, built in the 11th century during the Kingdom of Navarre's peak. After a rewarding ascent, we'll overlook the Aragonese plains. Depending on the group's skill level, we'll enjoy thrilling descents in stunning surroundings. We'll finish the ride with views of the Mallos de Riglos, a fascinating sight where vultures soar above climbers from around the world scaling these legendary sun-drenched cliffs.

- **Distance: 46 km, ascent: +1065m, descent: -1065m, no transfers**

Day 5 : Mallos de Aguero



Less known but more intimate, the Mallos de Aguero offer breathtaking scenery! Starting from the hotel, we'll follow beautiful trails and scenic singletracks around these towering conglomerate monoliths overlooking the village. We'll soak in the aromas and views, dotted with almond trees, before heading towards the Basque Coast and the Atlantic Ocean. Transfer to Hendaye and the beaches of the Atlantic.

- **Distance: 30km, ascent: +900m, descent: -900m, no transfer in the morning, 2h30 transfer in the evening**

Day 6 : Camino de Santiago and coastal ride



We'll cross the border to the old quarters of the beautiful fortified town of Hondarribia. Riding along the Camino del Norte (part of the Camino de Santiago), we'll climb the slopes of the Jaizkibel Massif for stunning views over the bay of Biscay and the Basque Coast beaches. On very different terrain from the previous days, grassy meadows and oak forests, we'll enjoy a thrilling descent toward the Atlantic Ocean.

Before heading back, we'll savor a final tapas meal in the heart of Hondarribia's old fishing quarter and enjoy a refreshing swim at the beach.

- **Distance: 23km, ascent: +525m, descent: -525m**

End of your stay

After lunch and a beach break, transfer back to Hendaye train station. Arrival at 3:30 PM.

The itinerary has been designed based on the latest available information. However, unforeseen circumstances or situations beyond our control may require adjustments. On-site, our guides will make decisions based on weather conditions and group safety, and may modify the route if necessary.

•DATES AND PRICES

Departures

Guaranteed departure with a minimum of 4 people.

Group of 8 people maximum

From sunday 13/04/2025 to friday 18/04/2025

From sunday 27/04/2025 to friday 02/05/2025

From sunday 18/05/2025 to friday 23/05/2025

From sunday 08/06/2025 to friday 13/06/2025

From sunday 22/06/2025 to friday 27/06/2025

From sunday 31/08/2025 to friday 05/09/2025

From sunday 14/09/2025 to friday 19/09/2025

From sunday 19/10/2025 to friday 24/10/2025

Other dates available for groups of 4 or more. Please contact us for more information.

Price per person without electric VTT	960€
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Supplements/Discounts:

- Full-suspension e-MTB rental (helmet included): €325/person. **See the "Bike info" section**
- Single room supplement (subject to availability): €235/person.

Price includes:

- Full-board accommodation from dinner on Day 1 to the picnic on Day 6
- All transfers during the tour
- Supervision by a certified guide specialized in the region

Price doesn't include :

- Electric mountain bike rental and safety equipment
- Insurance
- Transfers not included in the itinerary
- Entrance fees for site visits
- SPA access at the hotel on Days 3 and 4 (€20 supplement, payable on-site)
- Beverages
- Booking fees: €15

• MEETING POINT AND END OF STAY**Meeting Point:**

On Day 1 at 5:30 PM at Hendaye SNCF train station (64).

IMPORTANT: Please notify us via SMS at +33 6 10 97 16 54 at least one week in advance to inform us of your arrival time.

WE HAVE CHOSEN HENDAYE TRAIN STATION TO MAKE ACCESS TO OUR TOUR EASIER AND TO PROMOTE ECO-FRIENDLY TRAVEL, AS IT IS WELL-SERVED BY NUMEROUS TRAINS AND HIGH-SPEED TGV SERVICES.

Book your train tickets on the SNCF website: <https://www.oui.sncf/>

End of stay:

On Day 6 around 3:30 PM, after a transfer back to Hendaye train station.

• TECHNICAL INFORMATION**Guiding**

You will be accompanied by a certified mountain guide with a mountain biking qualification. Our team consists of local experts from the Basque Country who have in-depth knowledge of the region.

Level 3/5

This is an easy but technically average ride. The route is a little technical, requiring occasional mountain biking. The VTTAE makes progress much easier.

Mountain biking requires a good level of fitness, as well as technical ability, both uphill and downhill. Electric assistance makes it easier to go uphill, but you still need to be able to control your balance and trajectories on descents. The guide provides invaluable advice and can adapt the route to suit the level of the group and all the participants, if necessary.

Luggage

You'll only need to carry your personal items for the day, including your picnic and enough water. Luggage will be transported by support vehicle. Please bring easily transportable luggage (see our equipment recommendations).

• ACCOMMODATION / FOOD

Hébergement

Full board included

2 nights in a hotel at the entrance of the Bardenas, in Valtierra: <https://www.lasbardenas.com/es/>

2 nights in a **** hotel-spa in Murillo de Gállego: <http://www.hotelaguasdelosmallos.com/es/inicio>

1 night in a hotel in Hendaye

Other accommodation options

The accommodation mentioned above may be different on certain dates, depending on availability. If the accommodation is different from that shown in the 'Accommodation' section, we will inform you of these changes.

Meals:

- Continental breakfast (tea, coffee, milk, bread, butter, jam)
- Evening meals featuring local specialties, including a starter, main course, and dessert
- Picnics included, prepared by your guide and adapted to the activity
- Drinks not included

Accommodation before or after your stay:

BELLEVUE Hotel: Comfortable hotel ** close to the train station and the bay

36, boulevard du Général Leclerc

64700 HENDAYE

Phone : 05.59.20.00.26

<http://hotelbellevue-hendaye.com/>

• PRACTICAL INFORMATION

Start : Day 1 at 5.30 PM at Hendaye SNCF station.

End : Day 6 at Hendaye SNCF station, at 3.30 PM

How to get to Hendaye:

- By air: Biarritz airport: daily flights to and from Paris, Londres, Lyon, Clermont Ferrand...
- By train: Numerous TER trains from the main towns to Bayonne and Hendaye. (<https://www.oui.sncf>)
- By road: From Bordeaux, A63 motorway, 207km. From Toulouse and Bayonne, A64 motorway, 293km, then Bayonne to Hendaye, A63 motorway, 32km. Bayonne motorway A63, exit 1 towards Hendaye.

Car park in Hendaye:

All the free and paid car parks can be found on this page: <https://www.hendaye-tourisme.fr/fr/infos-pratiques/parkings-et-stationnement/>

If you are leaving your vehicle for the entire duration of your stay, please contact the tourist office to find out whether any events (festivals, markets, etc.) will be organised at your parking location.

•TO BRING IN YOUR LUGGAGE

Your main luggage

- A bag, rucksack or small suitcase, weighing a maximum of 15kg per person. Please, don't forget to attach the labels we provide you, showing your name and surname.

For cycling

- A personal helmet is compulsory (provided if extra bike rental)
- A day pack to carry your personal belongings during the day (20/25L min) (provided if extra bike rental)
- A warm clothing and a wind and waterproof jacket
- A swimwear and towel, why not?
- Thin gloves and cap depending on the season
- An additional water bottle
- Sunglasses, sun cream and cap (compulsory)
- Appropriate wear for cycle touring: cycling bib shorts + breathable t-shirt or jersey
- For those bringing their one bicycle: a complete repair kit (inner tubes, patches and glue, lubricant, derailleur and brake cables, chain, pump, set of Allen wrenches, fitting kit for tyres), bike lock
- Camera, GPS...

After the exercise

- Comfortable shoes/trainers or sandal for the evening
- Changing clothes and personal line
- Toiletry kit
- First-aid kit: personal medication
- Your insurance contract

Sleeping

- Ear plugs

Picnics

- A sealed plastic box (0,8 L) for salads...
- Cutlery (fork, folding knife)
- Water bottle (1,5 L minimum) or Camelbak, much more convenient

Small equipment

- Comfortable shoes/trainers or sandal for the evening
- Sun cream and glasses
- Hat, cap
- A torch light or headlamp
- Toilet paper
- A mini first-aid kit: personal medication, blister plasters, Elastoplast, gauze, disinfectant, pellets of arnica and aspirin for minor illnesses... a survival blanket.

•BIKE INFO

If you are bringing your own bike

- Remember to bring your bike helmet.
- For the smooth running of the group, only bikes with the same range as those we provide will be accepted: MINIMUM 625 WATTS.
- We decline all responsibility in case of mechanical problems during the trips or during transport of the bikes.

If you choose our bikes

We renew our mountain bikes every two years, in order to offer a quality service. Our fleet consists of MONDRAKER CHASER full-suspension mountain bikes, as shown below.

Helmet supplied.



Seatpost: ONOFF Pija dropper internal, diameter 31.6 mm, 1X remote lever with bearing

Rear shock: RockShox Deluxe Select R DebonAir, 205x65 mm. Adjustments: Low-speed rebound, air preload. Trunnion high mount, lower bushes 25x10 mm

Fork: RockShox Psylo Silver 29, 160 mm, Motion control shock, Solo Air, tapered steerer tube, Boost 15x110 mm axle, 35 mm steel steerer tubes, 44 mm offset. Adjustments: low-speed compression adjustment to lock out, rebound, air preload, etc.

Brakes: Sram DB8, 4-piston caliper, single-piece 6-hole Centerline 200 mm IS disc, organic pads on steel

Chainrings: Sram X-Sync 2 Eagle 34T, steel, narrow width, 104 BCD

Rear derailleur: Sram SX Eagle, 12s

Shift levers: Sram Trigger SX Eagle, 12s, X-Actuation 1:1, one click

Cassette: Sram PG-1210, 11-50T, 12s

Derailleur hanger: Sram UDH

Weight: 25,3 kg

Screen: Bosch Intuvia 100 / Bosch Mini Remote / Bosch System Controller

Moteur: New Bosch Performance Line CX

Battery: Bosch Powertube 625Wh